

Masterclass – Type 2 Diabetes in Adults
Wednesday 28th July 2010
Department of Child Health Medicinema, Yorkhill

About the Masterclass

The University of Glasgow has organised this masterclass on the management and treatment of type 2 diabetes. The aim is to update knowledge, provide best practice in management and treatment of type 2 diabetes and to highlight new research.

The programme will be delivered by leading experts and you will hear/take part in in-depth discussion about the practical application of current guidelines. The masterclass will also help you meet your needs for Continuing Professional Development; a certificate of attendance will be given.

Who Should Attend

- * Practice Nurses
- * Diabetes Specialist and other Nurses
- * GPs
- * Health Care Managers
- * Health Promotion Specialists
- * Dietitians
- * Other Interested Primary Health Care Professionals

Programme

9.30 – 10.00	Registration
10.00 – 11.00	Management and Treatment of Type 2 Diabetes in Adults <ul style="list-style-type: none"> • Risks and benefits of tight glycaemic control • Glycaemia targets and national guidelines • Use of oral hypoglycaemic agents and insulin • New therapies on the horizon <i>Dr Stephen Gallacher, Consultant Physician, Southern General Hospital, Glasgow</i>
11.00 – 11.20	Refreshment Break
11.20 – 11.40	<i>Dr Miles Fisher, Consultant Physician, Glasgow Royal Infirmary</i> * Supported by Takeda
11.40 – 12.30	Dietary interventions and diabetes <ul style="list-style-type: none"> • Role of Diet in the management of Diabetes – regarded by Diabetes UK as the “cornerstone of Diabetic management” • A look at different dietary components and effects on blood sugars • Lifestyle interventions in the management of diabetes • Obesity management <i>Susan Diamond, Diabetes Specialist Dietitian, Ayr Hospital</i>