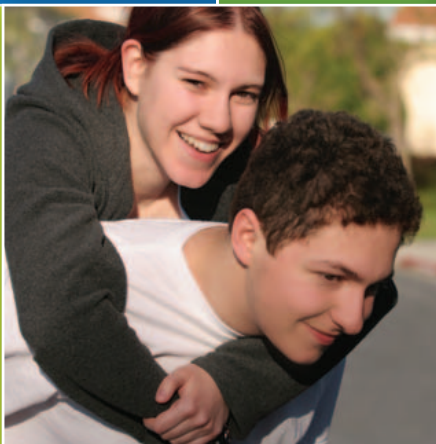




Investing in Teenage Health:

Policy through to practice

Royal College of Physicians, London
Thursday 15 January 2009



ABOUT THE CONFERENCE

Introduction

Young people are healthier today than they have ever been; however more can be done to improve services for children and young people through:

- World class health outcomes
- Services of the highest quality
- Excellent experiences in using services
- The minimisation of health inequalities

Adolescence is a key transition point between childhood and adulthood. It is a distinct developmental stage in its own right, characterised by dramatic physical and neurological changes and emotional development.

The particular needs of young people require a distinct response.

The government has committed to:

- Providing more personalised young people's health services
- Improve support that helps young people make healthy choices
- Enhance the evidence base to inform policy and practice
- Provide more targeted support for vulnerable young people

Content

A one-day high level conference to focus on the health needs of young people, to explore the key messages from the children & young peoples health strategy and the implications for those who plan and commission services.

The day will include evidence from the DH innovative programme "Teenage Health Demonstration Sites" and an introduction to the "You're Welcome" quality criteria for providing young people friendly health services.

There will be concurrent sessions based on the experiences of the four Teenage Health Demonstration Sites to help local areas develop action plans to improve local teenage health services.

Who should attend?

Directors for Children & Learners
PCT Directors of Children's Services
Directors of Public Health
Regional Directors Public Health
Regional Healthy Schools Coordinators

PCT Children's Lead Commissioners
PCT Senior Leads
Regional Change Agents for Children,
Regional Teenage Pregnancy Coordinators

Keynote Speaker

David Nicholson, NHS Chief Executive



Registration Fee: £50, including VAT

All delegates will receive a conference pack which will include a copy of *Key Data on Adolescence 2009* by John Coleman and Fiona Brooks



CONFERENCE PROGRAMME

BOOKING FORM

Thursday January 15th 2009

09.30 Registration & refreshments

Session 1: The national & international context
Chair - Dr Will Cavendish, Director of Health & Wellbeing, DH

10.00 **Introduction, objectives & housekeeping**

10.10 **Keynote Speech: The NHS contribution to young people's health services**
David Nicholson CBE, NHS Chief Executive

10.30 **Opportunities for improving young people's health**

Dr Sheila Shribman, National Clinical Director for Children, Young People and Maternity Services

10.55 **Young people's health & well-being – an international perspective**
Candace Currie OBE, Professor of Child and Adolescent Health; Director of Child and Adolescent Health Research Unit, University of Edinburgh

11.20 Refreshments, exhibition, networking

Session 2: Frameworks for action

12.00 **Commissioning world class health services for young people**

Hilary Samson-Barry, Head of Partnerships, Children Families & Maternity, DH

12.20 **Taking the learning from the Teenage Health Demonstration Sites**

Karen Turner, Programme Manager, Children & Young peoples Public Health Programme, DH

12.40 **Transforming inpatient care for young people**

Dr Anne Thomson, Clinical Director, Children's Services, The Children's Hospital, Oxford

13.00 Lunch, exhibition, networking

Session 3: Making it happen

Chair - Steve Rowlands, Director Community Services/Deputy CEO Provider Services, City & Hackney PCT

14.00 **Improving teenage health services in a local partnership**

Steve Rowlands, Director Community Services/Deputy CEO Provider Services, City & Hackney PCT

Lena Cadasse, Associate Director, Children & Families, City & Hackney PCT

14.30 **Concurrent sessions – Making it happen in practice, learning from the Teenage Health Demonstration Sites**

Partnerships - representatives from the Teenage Health Demonstration Sites

Participation - representatives from the Teenage Health Demonstration Sites

Health Inequalities - representatives from the Teenage Health Demonstration Sites

15.30 **Reflection and action**

Dr John Coleman OBE, Chair of the Association for Young People's Health

15.45 **Finish**

Please note that this programme may be subject to amendments or change.

Registration Details

Please complete one form per delegate.

The information provided on this form will be used in the preparation of your badge and the list of participants. Please write your name, job title and organisation exactly as you wish them to appear at the conference.

Title (Prof/Dr/Mr/Mrs/Miss etc)

Name (for your badge)

Job Title

Organisation

Address for Correspondence

Postcode

Country

Telephone

Mobile

Email

Dietary requirements:

Vegetarian Vegan

other _____

Special needs:

Wheelchair access Loop System

other _____

Data protection:

The details you provide on this booking form will be held and processed electronically. Your name, job title and organisation will appear on the list of participants issued to all attendees at the symposium. Should you not wish to appear on this list, please tick the box below.

I do not wish to be included on the participants list

P.T.O

