

Summer Masterclass – Management and Treatment of Coronary Heart Disease
Thursday 29th July 2010
Academic Block, Glasgow Royal Infirmary

About the Masterclass

The University of Glasgow has organised this masterclass on the management and treatment of Coronary Heart Disease. The aim is to update knowledge, provide best practice in management and treatment of coronary heart disease and to highlight new research.

The programme will be delivered by leading experts and you will hear/take part in in-depth discussion about the practical application of current guidelines. The masterclass will also help you meet your needs for Continuing Professional Development; a certificate of attendance will be given.

Who Should Attend

- * Practice Nurses
- * Cardiovascular and other Nurses
- * GPs
- * Public Health and Health Promotion Specialists
- * Dietitians
- * Pharmacists
- * Other Interested Primary Health Care Professionals

Programme

1.00 – 1.30	Registration
1.30 – 2.30	<p>Management and Treatment of CHD</p> <ul style="list-style-type: none"> • Coronary heart disease is a leading cause of premature morbidity and mortality • Public health measures and primary prevention and are the best long term strategies to combat CHD • Secondary prevention and treatment has made rapid advances in recent years • Risk assessment in primary and secondary prevention helps target interventions in a cost-effective manner <p><i>Dr Colin Berry, Consultant Cardiologist, University of Glasgow</i></p>
2.30 – 2.50	Refreshment Break
2.50 – 3.10	<p>New Developments in Lipid Management</p> <ul style="list-style-type: none"> • The role of lipids in atherosclerosis • LDL vs HDL • HDL raising strategies • Novel Management of the lipid profile <p><i>Dr Allan Gaw, Director of Operations, Glasgow Clinical Research Facility</i> *Supported by MSD</p>
3.10 – 4.00	Diet in the Secondary Prevention of CHD

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| | <ul style="list-style-type: none">• Recommended dietary advice• Where is the evidence?• Dietary guidelines in relation to CHD• Practical implementation of dietary recommendations• Common questions patients ask |
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Choi Lee, Specialist Cardiac Rehabilitation Dietitian, Health at Heart Centre, The Royal Alexandra Hospital, Paisley