

**\*Summer Masterclass – Childhood Obesity**  
**Thursday 29<sup>th</sup> July 2010**  
**Academic Block, Glasgow Royal Infirmary**

**About the Masterclass**

The University of Glasgow has organised this masterclass on Childhood Obesity. The aim is to update knowledge, provide best practice in dietary and other treatment of childhood obesity and to highlight current research.

The programme will be delivered by a childhood obesity expert and you will hear/take part in in-depth discussion and case studies. The masterclass will also help you meet your needs for Continuing Professional Development; a certificate of attendance will be given.

**Who Should Attend**

- \* Practice Nurses and other nurses
- \* GPs
- \* Health Visitors
- \* Dietitians
- \* Public Health and Health Promotion Specialists
- \* Other Interested Primary Health Care Professionals

**Programme**

<b>09.30 – 10.00</b>	<b>Registration</b>
<b>10.00 – 11.00</b>	<b>Overview of Childhood Obesity</b> <ul style="list-style-type: none"> <li>• Defining childhood obesity</li> <li>• Causes/consequences of childhood obesity</li> <li>• Overview of treatment options</li> </ul> <i>Dr Laura Stewart, Consultant Dietitian, The Children's Weight Clinic</i>
<b>11.00 – 11.20</b>	<b>Refreshment Break</b>
<b>11.20 – 11.40</b>	<b>Sponsored Session/Practical Session and Case Studies</b>
<b>11.40 – 12.30</b>	<b>Dietary and other Interventions</b> <ul style="list-style-type: none"> <li>• Behavioral change</li> <li>• Physical Activity</li> <li>• Parenting Issues</li> <li>• Putting in into practice</li> </ul> <i>Dr Laura Stewart, Consultant Dietitian, The Children's Weight Clinic</i>

Educational Grant Supplied by



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