



Health in school

Participation and partnerships

Alcohol Use

Bullying

Sexual health

Physical activity, obesity and healthy lifestyles

Mental health and emotional wellbeing

14th May 2008

Institute of Education
University of London
20 Bedford Way
London WC1H 0AL

Programme

10.00 – 10.30 Registration and refreshments

10.30 – 10.45 **Welcome and opening remarks**
Peter Aggleton, Professor in Education, Thomas Coram Research Unit, Institute of Education

10.45 – 11.10 **Young people’s perspectives: health in our school**
Young people from Banbury School, Oxfordshire

11.10 – 11.30 **What has worked in promoting children’s and young people’s health and wellbeing: developing evidence based guidance**
Tricia Younger, Associate Director, Centre for Public Health Excellence, National Institute for Health and Clinical Excellence

11.40 – 12.45 **Workshop session 1**

“As long as I know how I’m getting home then I’m fine”
Young people’s understanding and management of the risks associated with social drinking and intoxication
Andrew Bengry-Howell, Research Officer, Bath University

Emotional health and wellbeing of unaccompanied young people seeking asylum
Elaine Chase, Senior Research Officer
Abigail Knight, Research Officer, Thomas Coram Research Unit, Institute of Education

Engaging young people in physical activity: innovative approaches to increasing participation
Alison Goodall, Innovations Development Officer, Youth Sports Trust

The sooner the better: teaching sex and relationship education in primary schools
Milly Connelly, Peer Education Manager, Brook Blackburn

12.45 – 13.45 **Lunch**

13.45 – 14.10 **Young people’s perspectives**
Young Ambassadors, Youth Sports Trust

14.10 – 14.30 **The Children’s Plan and the Health Strategy**
Helen Williams, Director of Curriculum and Pupil Wellbeing, Department for Children, Schools and Families

14.40 – 15.45 **Workshop session 2**

Homophobia and secondary schools: successful approaches and outstanding issues
Sue Beauchamp, Head of Year and Anti Bullying Co-ordinator, Thomas Tallis School, Greenwich
Daniel Monk, Senior Lecturer in Law, Birkbeck College
Ian Warwick, Senior Research Officer, Thomas Coram Research Unit, Institute of Education

Supporting schools to address mental health and emotional wellbeing: lessons learned from a pan-London initiative
Claire Maxwell, Research Officer, Thomas Coram Research Unit, Institute of Education
Andrew Turnbull, Programme Director Children and Families, London Care Services Improvement Partnership

The rise and fall of physical activity and fitness: the school day
Gareth Stratton, Professor in Paediatric Exercise Science, Liverpool John Moores University

How schools and school nursing can work together to meet key national public health priorities, including the cervical vaccination programme
Representatives from the School and Public Health Nurses Association (SAPHNA)

15.50 – 16.10 **Closing remarks and discussion panel**
Karen Turner, Programme Manager, Children and Young People’s Health Programme, Department of Health and others, including young people’s perspectives

Purpose of the conference

The importance of nurturing collaborative partnerships is more than ever at the heart of national policy concerned with promoting and safeguarding the health and wellbeing of children and young people. Schools are increasingly multi-agency settings in which a range of professionals work together to have a positive impact on children and young people's physical, emotional and social wellbeing.

With the current and evolving national policy framework in mind, this one-day conference will bring together professionals involved in health related practice, policy development and research. The day will provide a unique opportunity to share and discuss innovative practice and new findings from research - and to learn from young people - about the ways in which primary and secondary schools can best respond to and shape local and national health priorities.

Who should attend?

This conference will be of interest to all those who are concerned with promoting the health and wellbeing of children and young people in and through schools, including:

- teachers
- learning mentors
- school and community nurses
- public health specialists
- local health school team professionals
- PSHEC co-ordinators
- extended schools co-ordinators
- Connexions personal advisors
- education welfare officers
- school inclusion officers
- researchers
- policy makers

Health in school: participation and partnerships

To make a booking

Online: go to www.ioe.ac.uk/tcru/conferences

By post: complete and return this form to Tracy Walpole, Thomas Coram Research Unit, Institute of Education, 27-28 Woburn Square, London WC1H 0AA. Tel: 020 7612 6958, Email: t.walpole@ioe.ac.uk

By fax: complete and fax this form to 020 7612 6927

By email: complete and return an emailable registration form downloadable from www.ioe.ac.uk/tcru/conferences
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Additional requirements

If you would like a list of accommodation in the area please email t.walpole@ioe.ac.uk.

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Please note that refunds for cancelled bookings (less 25% to cover administration) will be available when cancellations are received in writing (post/fax/email) no later than 7 days prior to the event. We regret we are unable to give refunds for cancellations made within 7 days of the event or for failure to attend.

Data protection

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