



UCL

Health of School-aged Children

**A course organised by the Centre for Paediatric Epidemiology and Biostatistics,
UCL Institute of Child Health
Monday 26th – Friday 30th April 2010**

This five-day course will be relevant to doctors and nurses working with school age children and to a range of other health and social care professionals involved with this age group.

Developed with reference to the *Healthy Child Programme: from 5-19 years old* (Department of Health 2009), topics covered include:

- An overview of the health of school aged children; epidemiology of common causes of morbidity and mortality in school aged children and adolescents
- The policy context for services for children, young people and their families
- Health inequalities
- Healthy schools
- Health needs assessment and screening
- Promoting healthy weight and activity
- Emotional health, psychological wellbeing and mental health in the school setting
- Adolescent mental health
- Working and communicating effectively with adolescents
- Health promotion
- Specific issues such as reproductive health and teenage pregnancy, self harm, substance use and misuse, healthy weight and exercise and interventions for prevention and management
- The role of school health services
- Addressing the needs of children, young people and families with additional needs
- Provision of effective young people friendly services
- Supporting parents.

The module can be taken on its own, either as an assessed qualification or, on a non-assessed basis, to support continuing professional development. The assessed module carries 15 credits which can be used to build to a UCL ICH MSc in Community Child Health. Participants may also attend single days.

Module Fee: £500

Module Fee with assessment: £600

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