



The Scottish Healthy Care Network 'HEALTHY CARE MATTERS' NATIONAL CONFERENCE & AGM

Promoting the health & well being of looked after children and young people in and leaving care

Thursday 25th September 2008

at The Beardmore Hotel & Conference Centre Glasgow

Target Audience:

This national cross-sector event will bring together practitioners, policy makers, children's services planners, residential and foster carers, staff and managers from health, social care, education and other services.

Provisional Programme

Registration 9.00am for a 9.45am start and finish by 5pm including Scottish Healthy Care Network AGM.

Chairs

- Liz Brabender, Organisational Change Facilitator, NCH.
- Emma Witney, Head of Healthy Sectors, NHS Health Scotland.

Guest Speakers

- Tom Lowe, Senior Psychologist, Psychological Services, N. Lanarkshire Council - *Our Challenges in Supporting Young People Who Self-Harm.*
- David Cowan, Schools Directorate, Scottish Government - *Nutritional Guidance for Residential Care Settings in Scotland.*
- Allyson McCollam, Chief Executive Scottish Development Centre for Mental Health & Mary Sparling Lead Officer, HeadsUp Scotland - *Lessons from Practice: effective approaches to supporting the mental health of LAAC.*
- Bryan Livingstone, Development Manager Care Commission - *Health Messages from Inspection.*

Dramatic Presentations: Telling Young People's Stories!

- Breeze Productions Drama Production 'Broad Shoulders' by Naomi Breeze, Artistic Director.
 - National Theatre of Scotland & Edinburgh International Festival presents '365' – a filmed extract of a new theatre production which explores the transition made by a group of young people from care to independence. Vicky Featherstone, Artistic Director / Chief Executive NTS.

Workshops

- Details on the booking form overleaf.

Cost: £125

Special Early Bird Offer!

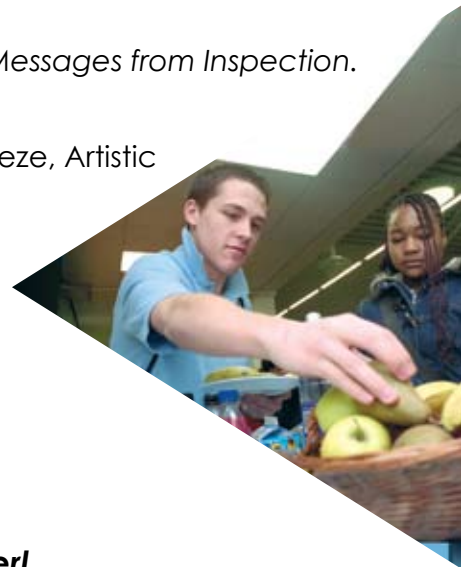
Discounted Tickets for the National Theatre of Scotland/Edinburgh International Festival World Premiere of '365' at the Edinburgh Playhouse

22nd-25th August 2008: www.nationaltheatrescotland.com

Once you have booked for the Conference you will be advised how to take advantage of this offer. Please note, this offer is subject to availability and tickets must be booked by 1st August 2008.



Organised by SIRCC & The Scottish Healthy Care Network in partnership with: NHS Greater Glasgow & Clyde, The Scottish Throughcare & Aftercare Forum, the Scottish LAAC Nurse Forum, NHS Health Scotland and Springboig St. Johns Residential School.



Fax to SIRCC on 0141 950 3681

Booking Form for Healthy Care Matters Conference on Thurs 25th Sept 2008

Name _____ Job Title _____

Employing Organisation _____

Contact Address (*Where joining instructions will be sent*) _____

Post Code _____ Telephone _____

Fax _____ E-mail _____

Is payment by Cheque or Invoice? _____ Contact _____

Invoicing Address (*If different*) _____

Post Code _____ Telephone _____

Do you have any special requirements, eg diet, physical assistance, access etc? _____

Workshops: You will be allocated two workshops - AM & PM.

Please indicate your 1st, 2nd & 3rd Choices.

1st

2nd

3rd

- A** Partnership Drugs Initiative: Supporting Projects Working with Vulnerable Young People – Elaine Wilson, PDI.
- B** Anti-Bullying: Challenges and Ways Forward, Exploring the Issues Facing Staff and Developing Responses – Brian Donnelly, Respect Me.
- C** Understanding Self Harm: Strategies for Managing Self-Harm with Young People – Tom Lowe & Karen Telfer, North Lanarkshire Council.
- D** Smoke Free Care Placements – Iona MacMillan & Jackie Dougall, NHS Greater Glasgow & Clyde.
- E** Suicide Prevention: Strategies and Actions for Working with Children & Young People – Choose Life.
- F** Sexual Health & Relationships: Sharing Good Practice for Working with LAC / LAAC – Georgie McCormick, fpa Northern Ireland / Scotland.
- G** Food & Child Behaviour: Essential Fatty Acids for Health & Well-being, Exploring the Evidence & Practice – Bill Colley, Caledonia Training
- H** Arts in Health: Promoting LAC / LAAC Health & Wellbeing Through Art Therapy – Sheena McGregor, Creative Therapies & Clare Macaulay, Arts in the City.

Bookings Conditions and Cancellations

- Please use the official booking form and **Fax** or mail details to SIRCC
- Please keep a copy for your own records.
- Places will be allocated on a first come first served basis. If there is not room for you at the workshop of your choice, you may have to sign up for a different workshop on the day.
- Cancellation rates of 100% apply unless your place is filled.
- Substitutes will be accepted at no extra charge but please inform SIRCC of any changes in advance.
- All bookings should be for named individuals and sent in on separate forms.
- Please photocopy extra forms if required or obtain more from SIRCC or the SIRCC & SHCN web sites.
- Please book by the 15th September 2008.

Special Requirements: Please tell us if you require any assistance, information on access or other special facilities or diets. Please contact SIRCC with any concerns that you may have. Vegetarian food will be available.

Data Protection Act 1998: Details will normally be retained on the SIRCC database for use in relation to the Healthy Care Network and possible subsequent monitoring and mailings. They will not be given out to other organisations without your permission. If you have concerns about this, please contact the SIRCC National Office.

For Further Information: SIRCC National Office, Jordanhill Campus, University of Strathclyde, 76 Southbrae Drive, Glasgow G13 1PP, Telephone 0141 950 3683, Fax: 0141 950 3681

E-mail: sircevents@strath.ac.uk

Web sites: www.sircc.strath.ac.uk/conferences

SHCN: www.shcn.org.uk

I have read the booking conditions: Signed _____ Date _____