

Health-led Parenting Conference 07-01-2008

Venue – Conference Church House

Speakers – Kate Billingham –Project Director, Ann Rowe- Implementation Lead, FNP Nurses

Key note speech – The Right Honourable Beverley Hughes MP, Minister of State for Children, Young People and Families

- a) Family Nurse Partnership Programme (British version – focus on family)**
- b) Nurse Family Partnership (American Version)**

Key Messages

1. What is it?

- **A new service based on theories of human ecology, attachment and self efficacy**
- **A rigorously tested programme over 30 years with 3 large scale trials in New York, Memphis and Denver**
- **Focuses on children and families who have the poorest outcomes**
- **Focus on prevention and early intervention**
- **Uses motivational interviewing techniques to change behaviour**
- **Strengths based – focus on what parent is good at and their aspirations**

2. Target Group

- **Universal model targeting All First time low income young pregnant parents under 20yrs age**

3. Goals of the programme

- **Improve pregnancy outcomes**
- **Improve child health and development and future school readiness and achievement**
- **Improve parents' economic self-efficiency**

4. Why there is a need for programme

- **New knowledge of how early experiences in pregnancy have impact on Brain development**
- **Early interactions directly affect the way the brain is wired**
- **Has potential to transform services for children and families and is being tested as part of universal services and Children's Centres**
- **Cumulative savings to mum: 61% arrests, 72% convictions, 98% days in jail, smoking. Reduction in Health-Care encounters for child injuries, ingestions and hospitalisations**
- **Results from Pilots impressive although not yet formally evaluated**

5. Delivery

- **Licensed to be run by Nurses only not paraprofessionals – evidence in Denver showed poor results when non nurses run it. Clients avoided them so attrition rate high.**
- **Professionals recruited to current pilots: Health Visitors, Midwives, Paediatric Nurses and School Nurses**
- **Intensive Weekly visiting schedule for 6 months, then fortnightly and monthly till delivery.**
- **Trusting therapeutic relationship lasts until child is 2 years**
- **Each visit covers 6 domains: relationships, attachment, life goals, care giving, behaviour change and social resources**

6. Workforce

- **Staff Nurses on programme are separate to mainstream service**
- **Can be seconded from within organisation or external recruitment**
- **Banding 6/7 for FNP nurses, Band 7/8 for Supervisors**
- **Require an Administrator**
- **A Nurse has Caseload of 25 families – minimum of 4 FNP nurses per site**
- **Fidelity of programme requires only qualified nurses used**
- **Intensive training given and weekly individual Clinical Supervision and fortnightly group supervision**
- **Standard JDs and Banding information to be released soon**

7. Expectations

- **Sign up by Chief Execs of PCT, LA, Midwifery services**
- **Evidence of Partnership Working**
- **Supportive local policies and Management culture**
- **Arrangements for psychology support for staff**
- **Commitment to continue with project until child 2 years old**
- **Government's vision is to have this Programme mainstreamed**

8. Child Health Promotion Programme

- Being reviewed because of new knowledge regarding early experiences and brain development
- New PSAs on – Obesity, prevention, Breastfeeding, emotional well being
- Role of fathers
- Children's Centres and expansion of early years provision
- Facing the Future recommendations on HV Review
- Progressive Universalism
- Revising the NSF Standard 1
- Developing the CHPP lead role of the health visitor

9. Next Steps

- Bids invited for the £30 million
- 20 more sites to be recruited for 2008-2011, 10 as research sites, 10 non research
- Non research site: pump priming for the preparation year, maximum funding from 2009/11
- Research site: preparation time April—September and start recruiting clients from September. Funding: 50% of costs
- Priority given to PCTs with high levels of deprivation – spearhead areas, teenage pregnancy, infant mortality, number of new births to first time mums under 20 years for an 8 month period
- Publication of information regarding BIDS will be on Department for Children, Schools and Families on 14-01-08 , completed application to be sent in electronically by 25-02-08
- **Successful sites notified by end of March**